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Signs that indicate your baby may have a CHD...

#CHDAwarenessWeek2023

Raise hope by raising awareness





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Think **H-E-A-R-T**...



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#1

Heart Rate

With CHDs, the heart rate may be **too fast or too slow**. A normal heart rate is between **100 - 160 bpm**.



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#2

Energy

Babies with a CHD **lack energy**, fall asleep during feeding and lack energy to play.



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#3

Appearance

A pale blue or grey skin
colour with sweat around
the head area.



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#4

Respiration

A fast breathing rhythm at rest or during sleep.

Normal breathing rate is **40-60 breaths** a minute.



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#5

Temperature

A CHD baby usually has
cold hands and feet.



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